

Metro Cebu  
**Rotary**  
Club



**Official bulletin of the Rotary Club of Metro Cebu  
District 3860 Philippines  
Admitted to Rotary International: 03 June 1978  
Club ID: 17123**

**The Rotary Club of Metro Cebu meets every 1<sup>st</sup> and 3<sup>rd</sup> Wednesday of the month  
12noon at the Casino Español de Cebu, Ranudo St., Cebu City, Philippines**



## The Four-Way Test

*of the things we think, say or do.*

- 1 Is it the truth?
- 2 Is it fair to all concerned?
- 3 Will it build goodwill and better friendships?
- 4 Will it be beneficial to all concerned?

# Rotary



## OBJECT OF ROTARY

The Object of Rotary is to encourage and foster the ideal of service as a basis of worthy enterprise and, in particular, to encourage and foster:

- 1 The development of acquaintance as an opportunity for service;
- 2 High ethical standards in business and professions; the recognition of the worthiness of all useful occupations; and the dignifying of each Rotarian's occupation as an opportunity to serve society;
- 3 The application of the ideal of service in each Rotarian's personal, business, and community life;
- 4 The advancement of international understanding, goodwill, and peace through a world fellowship of business and professional persons united in the ideal of service.

### ROTARIAN'S PLEDGE:

I am a Rotarian  
I will always uphold the **TRUTH**.

I am a Rotarian  
I will always strive to be **FAIR** in all my dealings with my Fellowmen.

I am a Rotarian  
I will always endeavor to build **GOODWILL** and **UNDERSTANDING** in my community, among my countrymen and people of all nations.

I am a Rotarian  
I will always seek to promote the greatest good for the greatest number of people in the spirit of **ROTARY SERVICE**.

I am a Rotarian  
I will always uphold the Rotary International Motto, **SERVICE ABOVE SELF**.



PEACEBUILDING AND  
CONFLICT PREVENTION



DISEASE PREVENTION  
AND TREATMENT



WATER, SANITATION,  
AND HYGIENE



MATERNAL AND  
CHILD HEALTH



BASIC EDUCATION  
AND LITERACY



COMMUNITY ECONOMIC  
DEVELOPMENT



ENVIRONMENT



## ROTARY CLUB OF METRO CEBU

### RI DISTRICT 3860, CLUB NO. 17123

Casino Español de Cebu  
Ranudo St., Cebu City

Meets every 1<sup>st</sup> and 3<sup>rd</sup> Wednesday of the Month, 12 NN

## WELCOME TO OUR BI-MONTHLY REGULAR MEETING

**April 15, 2026**

# PROGRAM

1. Call To Order by Pres. Evelyn T. Nuñez
2. Invocation, Philippine National Anthem and Rotary Hymn
3. Four Way Test
4. The Rotarian's Pledge
5. Fellowship Singing
6. Introduction of Guests and Visiting Rotarians
7. Speaker: Dr. Josefina Zabate (RCMC Past President) – Mental Health Matters: Supporting Mothers Beyond Birth
8. Induction and Charging of New Members
9. Secretary's Report
10. President's Report
11. Other Matters
12. Adjournment



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## **ROTARY HYMN**

I want to be a Rotarian for the world  
Make the Rotary flag as the flag of peace unfurled  
I shall serve, my community, help achieve universal unity.

Through Rotary, I shall dedicate my all  
World understanding shall be my cherished goal

With the 4-way test, I'll pursue my quest  
And if I, in a way help obtain  
Peace in the world, I shall not have lived in vain

I observe service above self  
Lend a hand to all who need my help  
I'll get my spouse to involve in Rotary  
And in Rotary ways, I will train my family

With the four way test, we'll pursue our quest  
And if we, in a way help obtain  
Peace in the world, we shall not have lived in vain.

Build a bridge for tomorrow's youth  
Strengthened by nothing but the truth

Let's join our hands, there's no reason we'll divide  
We shall all understand why the good Lord is our guide

With the four way test, I'll pursue my quest  
And if I, in a way help obtain  
Peace in the world I shall not have lived in vain

Peace be achieved, we shall have not lived ....  
in vain.



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# WELCOME

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## Our Speaker

**Mental  
Health Matters:**  
Supporting  
Mothers  
Beyond Birth

Speaker:

**Dr. Josefina  
Zabate**



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# Secretary's Time

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## Good afternoon, Fellow Rotarians!

As we officially enter the last quarter of the Rotary Year, we take this moment to reflect on our journey and celebrate the milestones we have achieved together. Congratulations to everyone for the additional accomplishments during the first quarter of 2026—your dedication continues to bring our mission of Service Above Self to life.

We are also proud to share a significant milestone for our club—we have officially received the Charter Certificate of the Interact Club of Metro Cebu – CIT University. This marks a meaningful step in strengthening our commitment to youth development and leadership. Let us continue to guide and support our Interactors as future leaders of Rotary.

### Upcoming Activities & Important Dates:

- 📍 April 11 – Area Coordination Meeting (ACOM)  
Qualfon Multipurpose Hall, Cebu IT Park
- 📍 April 16–18 – PELS/SELS, Koronadal City  
Your President-Elect (yours truly) together with Secretary-Elect Bing Cruz will be attending in preparation for the incoming Rotary year.
- 📍 April 23–25 – RYLA 2026, Bohol  
13 of our Interactors will participate in this leadership development program.
- 📍 May 1–3 – Rotaract Leadership Learning Seminar (RLLS), Tagum City  
Incoming Presidents and Secretaries of our two Rotaract Clubs will be in attendance.
- 📍 May 6 – Strategic Planning for RY 2026–2027



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# Secretary's Time

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- 📍 May 20 – Continuation of Strategic Planning & Fellowship
- 📍 May 29–30 – District Conference (DISCON 2026) NUSTAR Resort & Casino, Cebu City
- 📍 June 3 – Financial Review & Planning Session
  - Presentation and audit of club financial records
  - Planning for possible R&R and July Induction
- 📍 June 17 – Thanksgiving & Turnover Program
  - Awarding of Certificates of Appreciation
  - Fellowship
  - Turnover of check books
  - Final clarification of financial reports and records

As we move forward, let us remain committed, engaged, and united in fulfilling our goals for the remaining months of this Rotary year.

Let us finish strong—with purpose, with impact, and with heart.

United in Purpose. United in Action. Unite for Good.

Thank you, and see you in all our upcoming activities!

Yours in Rotary Service,

**Rtn. Elcasmer G. Acedo**

Secretary

Rotary Club of Metro Cebu

RY 2025 - 2026



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# President's Time

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## Rotary April Bulletin

April 15, 2026

Dear Fellow Rotarians,

Traditionally, in the Rotary calendar, April is designated as MATERNAL and CHILD HEALTH MONTH, one of the most vital areas of focus. This theme calls us to reflect deeply on the value of every mother's life and every

child's future, and our shared responsibility to ensure that both are protected, nurtured and given the opportunity to thrive.

In our communities, the challenges faced by mothers and children remain real and urgent; from access to quality healthcare, to proper nutrition, to emotional and mental well-being. As Rotarians, we renew our commitment to "Service Above Self" through initiatives that uplift maternal and child health as we continue our community medical missions, health education, or simply extending care and support to families in need; every effort we make contribute to a healthier and more resilient community.

This April, we take a more focused step forward as we host an important talk entitled, "Mental Health Matters: Supporting Mothers Beyond Birth". This timely discussion brings to the forefront critical issues such as postpartum depression awareness, the importance of emotional and psychological support for mothers, and our shared role in building a truly compassionate community.

By opening conversations on mental health, we affirm that no mother should feel alone, unheard, or unsupported. As Rotarians, we are called to create safe spaces where empathy, understanding and care flourish.

We are fortunate to have a member of our club, Past President Dr. Josefina E. Zabate, an obstetrician and gynaecologist who will enlighten and inspire us on these critical issues affecting the mental health of mothers, during our club meeting today.



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# President's Time

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Let this month be a reminder that our service must embrace both the physical and emotional dimensions of health. By supporting mothers beyond birth, we nurture stronger families and ultimately, a stronger society.

To my fellow Rotarians, my continuing thanks for your generosity of spirit, fellowship and the countless ways you give of yourselves to build a future where every life is valued.

Yours in Rotary Service,

A handwritten signature in black ink, appearing to read "E. Nunez".

**Rtn. Evelyn T. Nunez**

President

Rotary Club of Metro Cebu, RY 2025-2026



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# RCMC in Action

## Turnover of Additional Donations for the Beato Tomasso Maria Fusco Hope House in Bogu (14 March 2026)

RCMC Pres. Evelyn Nunez, together with project partners, Pres. Marvey Alcantara of RC Banilad Metro and Pres. Rheneir Mora of RC Cebu South, made another visit to the Beato Tomasso Maria Fusco Hope House in Bogu last March 14, 2026, to deliver additional essential items for the shelter.

The three clubs were also presented with Certificates of Appreciation by the congregation of Daughters of Charity of the Most Precious Blood, represented by Sr. Maria Flor Orias, DCPB, Sister in Charge of the shelter



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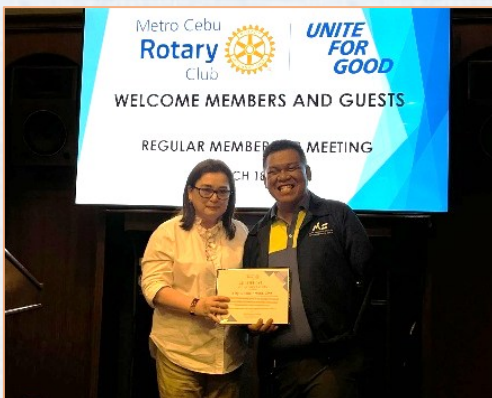
ENVIRONMENT

# RCMC in Action

## RCMC'S 5th General Membership Meeting (18 March 2026)

The Rotary Club of Metro Cebu conducted its **5th General Membership Meeting for 2026** at the Casino Espanol de Cebu, with a very special guest speaker, **Pres. Rhenier Mora** from the **Rotary Club of Cebu South**, who is a Lawyer and CPA.

Pres. Rhen talked about important information about taxation in general and the filing of income tax returns in particular. The talk was very timely in preparation for the yearly filing of income tax returns in which the deadline is on April 15.



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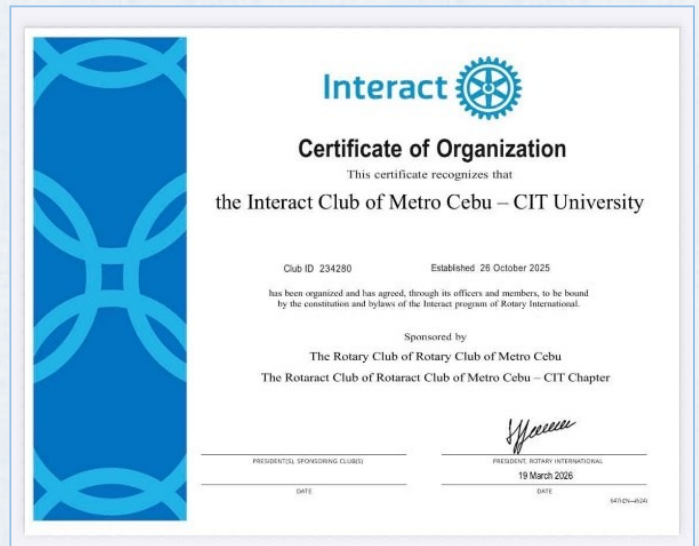
# RCMC in Action

## Rotary International Recognition of the Interact Club of Metro Cebu CIT-U (19 March 2026)

The **Rotary Club of Metro Cebu** is proud to announce the recognition of its new Interact Club – the **Interact Club of Metro Cebu – CIT University** chapter.

Established in October 26, 2025, Interact Club of Metro Cebu – CIT University chapter was formally recognized by the Rotary International last March 19, 2026 through the official announcement letter.

Big thanks to our PE Elcasmer Acedo, for his tireless effort in organizing, facilitating and processing the requirements of RCMC’s newest member of the family.



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# RCMC in Action

## **RCMC Attendance at the ACOM in Siquijor (20 March 2026)**

The Rotary Club of Metro Cebu, represented by Pres. Evelyn Trani Nunez, participated in the Area 1 Coordination Meeting (ACOM) in Siquijor last March 20, 2026.

During the meeting, RCMC was recognized by District Governor Jong Fernandez for its successful Anti-Rabies Seminar conducted last Rotary Week 2026 celebration.

The participants of the ACOM also had R&R activities in the beautiful island of Siquijor.



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# RCMC in Action

## **RCMC ACOM Participation for April 2026 (11 Apr. 2026)**

The Rotary Club of Metro Cebu proudly participated in the Area 1 Coordination Meeting (ACOM) last April 11, 2016 at the Qualfon Multi Purpose Hall, Cebu IT Park.

Representing RCMC were President Evelyn Nuñez, PP Glenda Antonio, and Rtn. Nicole Justo, who actively engaged in discussions on key district priorities.

Through this coordination, clubs are better equipped to move forward with clarity, unity, and shared purpose—ensuring that our service creates lasting and meaningful impact in our communities.



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# UPCOMING PROJECTS & EVENTS




## RCMC CLUB CALENDAR FOR APRIL, MAY AND JUNE, 2026

APRIL	
APR <b>15</b>	 <b>APRIL 15</b> WITH INDUCTION OF TWO NEW MEMBERS and a talk on <i>"Mental Health Matters:                      Supporting Mothers Beyond Birth"</i>
APR <b>16-18</b>	 <b>APRIL 16, 17, 18</b> PELS/SELS in South Cotabato
MAY	
MAY <b>6</b>	 <b>MAY 6</b> Strategic Planning Session and Fellowship
MAY <b>20</b>	 <b>MAY 20</b> Continuation of Strategic Planning Session and Fellowship   <b>MAY 29 &amp; 30 - DISCON</b>
JUNE	
JUN <b>3</b>	 <b>JUNE 3</b> <ul style="list-style-type: none"> <li>• Presentation and audit of club financial records including check books and vouchers/supporting docs for ALL disbursements and check issuances, club official receipts issued for collections and remittances to the club</li> <li>• Planning for another possible R &amp; R beach outing and July induction</li> </ul>
JUN <b>17</b>	 <b>JUNE 17</b> <ul style="list-style-type: none"> <li>• Thanksgiving, awarding of Certificates of Appreciation/tokens to members and fellowship</li> <li>• Turn over of checkbook</li> <li>• Deadline for presenting any and all questions/matters pertaining to the club's financial reports and records for the PRESIDENT to address accordingly</li> </ul>

**SERVICE ABOVE SELF**



## MAKE IT COUNT!

EMPOWER, INSPIRE, SERVE

# STRATEGIC PLANNING & FELLOWSHIP SESSIONS

### MAY 6 & 20

Utilize Your Passion & Advocacy  
to Serve the Community!



PLAN FOR IMPACT. INSPIRE FOR CHANGE.  
TOGETHER WE CAN MAKE A DIFFERENCE!



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# UPCOMING PROJECTS & EVENTS



Rotary District 3860 **END POLIO NOW**

**ROTARY INTERNATIONAL  
HALF MARATHON  
TRILOGY  
CEBU 04 25 26**

SCAN TO REGISTER

REGISTRATION			
CATEGORY	27KM	10KM	5KM
<b>REGISTRATION FEE</b>			
EARLY BIRD (0075 - 11/5)	1700	1400	800
REGULAR	1800	1500	800
<b>INCLUSIONS</b>			
EVENT SHIRT (SINGLET)	✓	✓	✓
FINISHERS JERSEY	✓	✓	
FINISHERS MEDAL	✓	✓	
TIMING CHIP	✓	✓	
RACE BIB	✓	✓	✓
POST RACE MEAL	✓	✓	✓
HYDRATION/MEAL STATION	✓	✓	✓



Rotary District 3860 **CREATE LASTING IMPACT**

**PELS-SELS / DTLS 2026**  
PRESIDENTS-ELECT SECRETARIES-ELECT DISTRICT OFFICERS CLUB OFFICERS

**CLUB LEADERSHIP GRANTS MANAGEMENT LEARNING SEMINARS**

**SAVE THE DATE April 16-18, 2026**

- April 16-17** PELS-SELS PRESIDENTS-ELECT & SECRETARIES-ELECT
- April 17** DTLS DISTRICT OFFICERS
- April 17-18** CLLS DISTRICT OFFICERS & CLUB OFFICERS
- April 18** GMS GRANTS MANAGEMENT SEMINAR

The Farm @ Carpenter Hill, Koronadal City, South Cotabato  
[www.clls3860.com](http://www.clls3860.com)



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# UPCOMING PROJECTS & EVENTS



**UNITE FOR GOOD**

*Save the Date*

## THE ROTARY FOUNDATION Recognition RY 2025-2026

“Unite for Doing Good in the World”

May 29, 2026 | 9 AM to 1 PM | Fili Ballroom,  
Nustar Resort & Casino, Cebu City.

**Registration Fee: 3,000 pesos**







## DISTRICT CONFERENCE

**MAY 29-30 | NUSTAR RESORT & CASINO, CEBU CITY**



SCAN TO REGISTER AND BE PART OF DISCON 2026  
[bit.ly/diskon2026](http://bit.ly/diskon2026)  
#Rotary3860DisCon2026

CONTACT US:  
VIBER: 0956 3906 604  
EMAIL: RD3860DISCON2026@GMAIL.COM

**UNITED IN PURPOSE. UNITED IN ACTION. UNITE FOR GOOD**




## DISTRICT CONFERENCE

MAY 29-30 | NUSTAR RESORT & CASINO, CEBU CITY

*Featured Speaker*

**EMMANUEL "MANNY" D. PACQUIAO**



Former Senator  
Forever the People's Champ  
Charter President, Rotary Club of Manila Premier  
RI District 3810




SCAN TO REGISTER AND BE PART OF DISCON 2026  
[bit.ly/diskon2026](http://bit.ly/diskon2026)  
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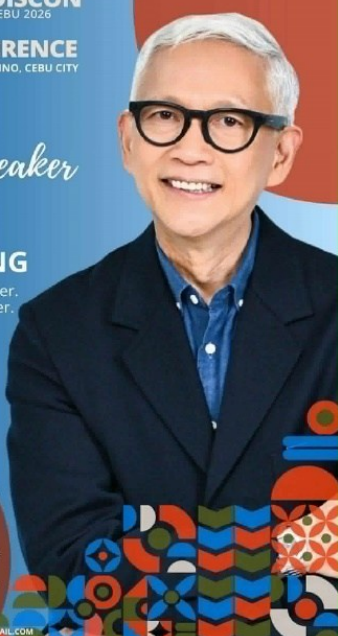

## DISTRICT CONFERENCE

MAY 29-30 | NUSTAR RESORT & CASINO, CEBU CITY

*Featured Speaker*

**FRANCIS KONG**

Respected. Speaker. Trainer.  
Entrepreneur. Broadcaster.  
Author. Columnist.

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# UPCOMING PROJECTS & EVENTS

Rotary District 3860 UNITE FOR GOOD

**DISCON**  
CEBU 2026  
**DISTRICT CONFERENCE**

**MAY 29-30** | NUSTAR RESORT & CASINO, CEBU CITY

SCAN TO REGISTER AND BE PART OF DISCON 2026  
[bit.ly/discon2026](https://bit.ly/discon2026)  
#Rotary3860DisCon2026

UNITED IN PURPOSE. UNITED IN ACTION. UNITE FOR GOOD

Rotary District 3860

**LIMITED TIME OFFER!**  
REGISTER BY APRIL 15, 2026

**DISTRICT CONFERENCE**  
*Where Connections Matter*

GET READY TO ELEVATE YOUR NETWORKING EXPERIENCE WITH OUR EXCLUSIVE DELEGATE DIGITAL ID CARD!

UNLOCK EXCLUSIVE BENEFITS:

- Digital Business Card: Share your contact details with a simple tap
- QR Code: Connect with fellow Rotarians instantly
- Personalized Profile

**DON'T MISS OUT!** REGISTER NOW AND BE ONE OF THE FIRST REGISTRANTS TO RECEIVE A SPECIAL BADGE ON YOUR DIGITAL ID CARD!

**TAKE ACTION NOW!** CLICK THE LINK BELOW OR SCAN THE QR CODE TO SECURE YOUR SPOT AT THE DISTRICT CONFERENCE 2026!

SCAN TO REGISTER AND BE PART OF DISCON 2026  
[bit.ly/discon2026](https://bit.ly/discon2026)  
#Rotary3860DisCon2026

CONTACT US:  
VIBER: 0956 3906 604  
EMAIL: RD3860DISCON2026@GMAIL.COM

**HURRY! DEADLINE: APRIL 15, 2026**  
Join us for an unforgettable weekend of connection, inspiration, and action!

Rotary District 3860

**REGISTRATION RATES**

**ROTARIAN FEE**

**₱ 7,500**  
Until March 31, 2025

**₱ 8,000**  
(April 1 - May 15, 2026)

**ROTARACTORS & NON-ROTARIAN SPOUSES/PARTNER**

**₱ 5,500**

SCAN TO REGISTER AND BE PART OF DISCON 2026  
[bit.ly/discon2026](https://bit.ly/discon2026)  
#Rotary3860DisCon2026

CONTACT US:  
VIBER: 0956 3906 604  
EMAIL: RD3860DISCON2026@GMAIL.COM

Rotary District 3860

**MAY 31, 2025**

**9:00 AM to 3:30 PM**

**Recognition of TRF Donors, Plenary Talks, District Business**  
*at the Leyte Convention Complex*

**6:00 PM**

**Governor's Night and Closing Ceremonies**  
*at the Leyte Convention Complex*



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# **RCMC 2025-2026 Officers and Board of Directors**

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**PRESIDENT**

**ATTY. EVELYN T. NUÑEZ**

**VICE PRESIDENT**

**MARIA D. RODRIGUEZ**

**SECRETARY**

**ENGR. ELCASMER G. ACEDO**

**ASST. SECRETARY**

**VERA B. CRUZ**

**TREASURER**

**ROWENA OBENZA**

**AUDITOR**

**ADRIAN C. LEE**

**CLUB SERVICE**

**DR. VICENTE GABRIEL C. BALBUENA**

**COMMUNITY SERVICE & THE  
ROTARY FOUNDATION (TRF)**

**DR. WYBEN R. BRIONES**

**VOCATIONAL SERVICE**

**DR. MARJORIE ANN BERNARDO**

**INTERNATIONAL SERVICE**

**DR. GLENDA M. ANTONIO**

**NEW GENERATION**

**VERA B. CRUZ**

**PUBLIC IMAGE**

**ENGR. ELCASMER G. ACEDO**

## **COMMITTEE CHAIRS**

**BASIC, EDUCATION & LITERACY**

**MARIA D. RODRIGUEZ**

**PEACE & ORDER / CONFLICT  
RESOLUTION**

**ATTY. EDDIE O. BARRITA & ERNESTO V. DACAY**

**WOMEN EMPOWERMENT**

**ATTY. EVELYN T. NUÑEZ**

**MATERNAL & CHILD CARE**

**DR. JOSEFINA E. ZABATE**

**WATER & SANITATION**

**ARCHT. JONATHAN ZABATE**

**ENVIRONMENT**

**MA. EMMA A. RAMAS**

**DISEASE, TREATMENT &  
PREVENTION**

**DR. WYBEN R. BRIONES**

**COMM. ECONOMIC  
DEVELOPMENT**

**EMMANUEL RIZON**

**MEMBERSHIP**

**ROBERTO T. PACANA**



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# Happy Birthday

**Engr. Stephanie Jane Sandot  
Dante – April 03**

**Dr. Susan Valmayor – April 04**



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## Invocation

Heavenly Father,

We place this meeting in Your hands. Send Your Holy Spirit, to guide our thoughts, words, and decisions, and help us work together in unity and understanding.

Grant that we may have wisdom and understanding, as we consider matters that affect our lives, our families, and our communities.

May all that we do today and everyday, be for the pursuit of truth, for Your greater glory, and in service to others.

Amen.



### Certificate of Attendance

This is to certify that \_\_\_\_\_ of the Rotary Club of \_\_\_\_\_ has attended the regular weekly meeting of the club on \_\_\_\_\_, 20\_\_ at the Casino Espanol de Cebu, Ranudo St., Cebu City.

\_\_\_\_\_  
President / Secretary  
RY 2025 - 2026



# Adrian Lee's Group of Companies

**“Jesus said unto him,  
Thou shalt love the  
Lord thy God with all  
thy heart, and with  
all thy soul, and with  
all thy mind.”  
Matthew 22:36**



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*Many are the plans in a man's heart, but it is the Lord's purpose that prevails.*

*(Proverbs 19:21)*



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**Dr. Wyben Briones**  
Neurosurgeon

**BESIDA SECURITY AGENCY**  
Member:  *Filipino Cebuano Business Club, Inc.*

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